

Sacramento, CA
July 25 – 31, 2022

2022 USATF National Junior Olympic Championships Coaches Schedule						
Mon 7/25	Tue 7/26	Wed 7/27	Thur 7/28	Fri 7/29	Sat 7/30	Sun 7/31
AM	AM	AM	AM	AM	AM	AM
Troy Spencer 609-792-9479	No NWF Events	Troy Hubert 832-723-6632	Pal Roach 832-671-3544	Pal Roach 832-671-3544	Pal Roach 832-671-3544	Pal Roach 832-671-3544
Pentathlon Only		K.Redmond 832-377-6773	Troy Spencer 609-792-9479	Troy Hubert 832-723-6632	Troy Hubert 832-723-6632	K.Redmond 832-377-6773
		Haygood (Hurdles) 832-656-3319	K.Redmond 832-377-6773	Jasmine Hamilton 346-818-7508	Jasmine Hamilton 346-818-7508	Jasmine Hamilton 346-818-7508
			Haygood (LJ/Hurdles) 832-656-3319	Haygood (TJ) 832-656-3319	Chanelle Molden 832-588-4265	Haygood (Hurdles) 832-656-3319
PM	PM	PM	PM	PM	PM	PM
No NWF Events	Troy Spencer 609-792-9479	Troy Spencer 609-792-9479	K.Redmond 832-377-6773	Troy Spencer 609-792-9479	Troy Spencer 609-792-9479	Pal Roach 832-671-3544
	Triathlon Only	Chanelle Molden 832.588.4265	Jasmine Hamilton 346- 818-7508	Chanelle Molden 832.588.4265	K.Redmond 832-377-6773	Troy Spencer 609-792-9479
		Haygood (LJ) 832-656-3319	<i>Nancy Bement (HJ) 337-962- 7979</i>	<i>Nancy Bement (HJ) 337-962-7979</i>	Haygood (Hurdles) 832-656-3319	Jasmine Hamilton 346-818-7508