

Tigers Relays

April 8, 2017

Location: PEET JUNIOR HIGH SCHOOL, 1895 Longmire Rd., Conroe, TX 77304

Meet Founder

Rudolph Hall

Meet Director

LaToya Alexander (832) 900-0970

Sanction

USATF Gulf Association

| | |
|-----------------|---------|
| Registration | 7:30 am |
| Coaches Meeting | 8:00 am |
| Meet Starts | 8:30 am |

AWARDS

1st through 6th Place Overall winners receive RIBBONS

ADMISSION

Athletes \$6

Spectators \$6

Coaches– All Listed Back Ground Checked Coaches Free

| <u>Division</u> | <u>Age/Birth Year</u> |
|-----------------|---------------------------|
| 8 & Under | <8 years (2009 & younger) |
| 9 - 10 | 9-10 years (2007-2008) |
| 11 - 12 | 11-12 years (2005-2006) |
| Youth | 13-14 years (2003-2004) |
| Intermediate | 15-16 years (2001-2002) |
| Young Men/Women | 17 years & Up (1999-2000) |

12 and under may participate in only **3** events.

13 and up may participate in only **4** events.

Athletes must compete in only **one** age division.

Races will be run on a rolling schedule.

Order of events will be run youngest to oldest per division, unless stated.

Three attempts only in all field events. **No parents or Coaches on the field.**

Restrooms and Concessions Available.

RUNNING EVENTS

| | |
|---------------|-----------------------------|
| 3000m Run | 11 - 12 & Up |
| 80 M Hurdles | 11 – 12 G/B |
| 100 M Hurdles | 13-14 G/B, 15-16 G, 17-18 W |
| 110 M Hurdles | 15-16 B, 17-18 M |
| 800 M Run | 8 & Under – 9 - 10 |
| 50m Dash | 5 & Under |
| 100m Dash | 11 – 12 & Up |
| 200m | 8 & Under – 9 - 10 |
| 400m Run | 11 - 12 & Up |
| 1500/3000m RW | 9 - 10 & Up |
| 4x100m Relay | All |
| 1500m Run | All |
| 4x400m Relay | All |

FIELD EVENTS

| | |
|---------------|-----------------------------|
| High Jump | 9 - 10 & Up |
| Shot Put | All |
| Turbo Javelin | 8 & under, 9 - 10 & 11 – 12 |
| Javelin | 13-14 & Up |
| Long Jump | All |