



NWF COACHING ASSIGNMENT\_2017  
Cy Ranch Site

Age Group	Site Coaches	Email Address	Phone Number
	<b>Alan Sims (D)</b>	<a href="mailto:alan.sims@houstontx.gov">alan.sims@houstontx.gov</a>	713-376-3024
	<b>Gregory L. Lake (SHC)</b>	<a href="mailto:gregoryl.lake@gmail.com">gregoryl.lake@gmail.com</a>	832-725-4754
<b>SPRINTS</b>			
<b>8 &amp; Under, 9-10 (Boys &amp; Girls)</b>	<b>Mary-Jo Huggins (HC)</b>	<a href="mailto:hugginsmj@att.net">hugginsmj@att.net</a>	913-488-9133
	Roosevelt Huggins	<a href="mailto:hugginsr@bv.com">hugginsr@bv.com</a>	913-284-9421
	Damond Jackson	<a href="mailto:docjackson01@yahoo.com">docjackson01@yahoo.com</a>	409-455-4474
	Benjamin Head	<a href="mailto:benjamin.head05@gmail.com">benjamin.head05@gmail.com</a>	979-219-1027
<b>11 - 12 &amp; 13 - 14 (Boys)</b>	<b>Gregory L. Lake (HC)</b>	<a href="mailto:gregoryl.lake@gmail.com">gregoryl.lake@gmail.com</a>	832-725-4754
	Clifford Flash	<a href="mailto:Flashus12@yahoo.com">Flashus12@yahoo.com</a>	832-248-5222
<b>15 - 16 &amp; 17 -18</b>	<b>Maurice Edwards (HC)</b>	<a href="mailto:overnight89@gmail.com">overnight89@gmail.com</a>	281-746-1042
	Jared Cammon	<a href="mailto:cammonfamily@gmail.com">cammonfamily@gmail.com</a>	409-356-3247
<b>11 - 12 &amp; 13-14 (Girls)</b>	<b>Calandra Lake (HC)</b>	<a href="mailto:ambiance3@att.net">ambiance3@att.net</a>	832-969-6909
<b>15 - 16 &amp; 17 -18</b>	Rosalyn Jackson (HC)	<a href="mailto:msjackson28@sbcglobal.net">msjackson28@sbcglobal.net</a>	832-563-0976
<b>DISTANCE</b>			
	<b>Diana Eichelberger (HC)</b>	<a href="mailto:esdiana_2000@yahoo.com">esdiana_2000@yahoo.com</a>	281-250-1372
	Rosalyn Jackson (HC)	<a href="mailto:msjackson28@sbcglobal.net">msjackson28@sbcglobal.net</a>	832-563-0976
	Sharee Cammon	<a href="mailto:cammonfamily@gmail.com">cammonfamily@gmail.com</a>	713-677-1754
<b>LONG JUMP</b>			
	<b>Alan Sims (HC)</b>	<a href="mailto:alan.sims@houstontx.gov">alan.sims@houstontx.gov</a>	713-376-3024
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<b>HURDLES</b>			
	Tunesia Benard	<a href="mailto:Tbenardzeta1997@gmail.com">Tbenardzeta1997@gmail.com</a>	832-627-9966

D – Director  
 SHC – Site Head Coach  
 HC - Head Coach  
 X – Need paper work complete